



# Reading the Body: Ohashi's Book of Oriental Diagnosis

Wataru Ohashi, Tom Monte

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Reading the Body: Ohashi's Book of Oriental Diagnosis Wataru Ohashi, Tom Monte

A fascinating guide to self-awareness and living well through the Oriental technique of shiatsu. Filled with diagrams, drawings, and sample diagnoses, this is not only a practical guidebook, but also a fascinating meditation on how to live.



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