



Personal Development for Life and Work (Available Titles CourseMate)

Ann Masters, Harold R. Wallace

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Personal Development for Life and Work 10e is an easy-to-read and easy-to-use practical text focused on helping students better understand themselves, discover their potential, and prepare for successful employment. Chapter topics are all about gaining self-awareness, developing soft skills and strong communication skills, and adopting professional workplace attitudes and skills to succeed in the workplace. The text is divided into four parts: 1) It's All About You; 2) It's All About Communicating; 3) It's All About Working with Others; 4) It's All About Workplace Success. Chapters are arranged in short sections that include self-assessments, case studies, and activities that are appropriate for both business and personal situations. Topics keep the reader's attention; coverage is thorough without being overwhelming. End-of-chapter features includes Points to Remember, Key Terms, Bookmark It, Activities, and Case Studies.

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