



When He's Married to Mom: How to Help Mother-Enmeshed Men Open Their Hearts to True Love and Commitment

Ph.D. Kenneth M. Adams Ph.D.

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When a Woman Is in an Emotional Tug-of-War for Her Man's Heart

Why can't he commit? Many women find themselves asking this question when in love with a man who won't get married, won't stop womanizing, or refuses to give up his sex addictions. Often this kind of man is bound by an unhealthy attachment to his mother. This phenomenon is called "mother-son enmeshment." In *When He's Married to Mom*, clinical psychologist and renowned intimacy expert Dr. Kenneth M. Adams goes beyond the stereotypes of momma's boys and meddling mothers to explain how mother-son enmeshment affects everyone: the mother, the son, and the woman who loves him. In his twenty-five years of practice, Dr. Adams has successfully treated hundreds of enmeshed men and shares their stories in this informative guide. He provides proven methods to make things better, including:

- Guidelines to help women create fulfilling relationships with mother-enmeshed men
- Tools to help mother-enmeshed men have healthy and successful dating experiences leading to serious relationships and marriage
- Strategies to help parents avoid enmeshing their children

When He's Married to Mom provides practical and compassionate advice to the women who are involved with mother-enmeshed men, to the mothers who wish to set them free, and to the men themselves.

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