



Motor Control: Theory and Practical Applications

Anne Shumway-Cook PT PhD FAPTA, Marjorie H. Woollacott PhD

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Here is the ONLY text to bridge the gap between current motor control theory and research, and its application to clinical practice. Motor Control prepares therapists to examine and treat patients who have problems related to balance, mobility and upper extremity function, based on the best available evidence supporting the clinical practice. A systems theory of motor control and a clinical or "task-oriented" approach to examination and intervention are presented. The perfect BALANCE of features: / Functional approach provides a practical model of rehabilitation. / Specific examples of theoretical models apply theories to clinical practice. / Drawings, charts, tables and photographs clarify postural control and functional mobility. New features provide added FUNCTION: / Chapter 6 presents factors affecting the control of movement and the types of patients likely to have these impairments. / Upper extremity assessment and intervention techniques are addressed from occupational therapy and physical therapy perspectives. / Laboratory activities and case studies demonstrate key concepts.



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