



Evolution and Genetics for Psychology

Daniel Nettle

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Evolutionary theory is driving forward our understanding of human behaviour like never before. Yet, many of us lack a firm grasp of the basics of the theory of evolution - a clear picture of what evolution is, and how and why it operates. But such clarity is essential if we are to fully understand and explore the fascinating behavioural questions that lie before us.

Evolution and Genetics for Psychology lays out the conceptual toolkit one needs in order to think in evolutionary terms - and to apply this thinking to any subject. With the toolkit firmly in place, it goes on to show how these key concepts are applied to issues of human behaviour, from sex to social relationships, to learning.

Evolution and Genetics for Psychology does not set out to teach evolutionary psychology or behavioural genetics, but explores the key fundamental principles on which such disciplines are based. If you need to understand what heritability really means, what the difference is between a gene and an allele, or whether evolutionary and social explanations are compatible, this book is the survival guide you need.

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