



How to Save Your Own Life: A Novel

Erica Jong

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How to Save Your Own Life: A Novel Erica Jong

Erica Jong--like Isadora Wing, her fictional doppelganger--was rich and famous, brainy and beautiful, and soaring high with erotica and marijuana in 1977, the year this book was first published. Erica/Isadora are the perfect literary and libidinous guides for those readers who want to learn about-or just be reminded of-the sheer hedonistic innocence of the time. *How to Save Your Own Life* was praised by *People* for being "shameless, sex-saturated and a joy," and hailed by Anthony Burgess as one of the ninety-nine best novels published in English since 1939.

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