

Dr. Spock's The First Two Years: The Emotional and Physical Needs of Children from Birth to Age

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Benjamin Spock

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America's favorite pediatrician, Dr. Benjamin Spock has helped two generations of parents raise their kids with his timeless bestseller, *Dr. Spock's Baby and Child Care*. Now, today's parents can rejoice: a new compilation of Dr. Spock's timeless advice is here!

This first-time collection of essays brings together Dr. Spock's insightful writings on connecting with your child's inner life during the all-important early years. *Dr. Spock's The First Two Years* covers such topics as:

- understanding your baby's different cries
- helping your little one cope with separation anxiety
- communicating with your baby
- teaching your child about giving and sharing
- the easiest way ever to toilet-train
- dealing with the impact a newborn can have on siblings
- treating the most common ailments

With *Dr. Spock's The First Two Years*, new parents everywhere will return again and again to Dr. Spock for all of their child-rearing questions.



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