



When Young Children Need Help: Understanding and Addressing Emotional, Behavioral, and Developmental Challenges

Deborah Hirschland

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Learn how to reach children who need special help.

Almost anyone who works with 3- to 6-year-olds knows what it feels like to spend time with youngsters who are particularly puzzling or hard to help. *When Young Children Need Help* examines how early childhood educators can make sense of what is going on for such children and then use that understanding to help promote growth and mastery. Written for child care center staff, family child care providers, preschool teachers, and pre-service teachers, this book can be useful to any adult who wants to learn more about reaching the most troubling children in his or her care.

When Young Children Need Help provides a framework for understanding a range of emotional, behavioral, and developmental challenges. It explores a process through which early childhood teachers and providers can translate their growing understanding of a child's difficulties into sensible goals for intervention. The author lays out practical strategies that help kids connect and communicate with ease, focus their attention, manage their bodies and their feelings, engage in constructive problem-solving, and experience themselves as successful friends and learners. The book suggests approaches for collaborating with parents and other caregivers and emphasizes that even when a child needs outside services and supports, what goes on in school or care remains central to making progress.

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