



The Dolce Diet: Valentine's Day Menu

Mike Dolce, Brandy Roon

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Food and romance! What could be better?! How about healthy, delicious food that won't bog you down! (After all, nothing is worse than feeling like a slug on a night that's supposed to be romantic!) Don't worry! Mike Dolce's got your back! New from #1 bestselling author & world renowned weight-management coach comes The Dolce Diet: Valentine's Day Menu! Short & sweet, this quick and easy ebook contains 10 simple, yet romantic recipes that'll have your honey saying "I love you, now let's grapple!" Or something like that...

Gluten-free and Vegan options!

Strawberry Salad

Veggie Paella

Seared Ahi Tuna Steaks

Baked Pears

...and more!

Be sure to check out Mike's other titles:

The Dolce Diet: LIVING LEAN

The Dolce Diet: LIVING LEAN COOKBOOK

The Dolce Diet: HOLIDAY DISHES

and coming soon, The Dolce Diet: 3 Weeks to Shredded REVISED

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From reader reviews:

Thomas Abrams:

People live in this new moment of lifestyle always try and must have the extra time or they will get wide range of stress from both day to day life and work. So , whenever we ask do people have extra time, we will say absolutely indeed. People is human not just a robot. Then we request again, what kind of activity have you got when the spare time coming to a person of course your answer will certainly unlimited right. Then do you try this one, reading publications. It can be your alternative within spending your spare time, the actual book you have read is actually The Dolce Diet: Valentine's Day Menu.

Marcus Musick:

Playing with family in a very park, coming to see the sea world or hanging out with pals is thing that usually you have done when you have spare time, subsequently why you don't try factor that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love The Dolce Diet: Valentine's Day Menu, you can enjoy both. It is great combination right, you still want to miss it? What kind of hang-out type is it? Oh seriously its mind hangout men. What? Still don't understand it, oh come on its named reading friends.

Dean Green:

Do you have something that you like such as book? The book lovers usually prefer to select book like comic, short story and the biggest one is novel. Now, why not trying The Dolce Diet: Valentine's Day Menu that give your satisfaction preference will be satisfied by means of reading this book. Reading addiction all over the world can be said as the means for people to know world considerably better then how they react when it comes to the world. It can't be claimed constantly that reading behavior only for the geeky person but for all of you who wants to be success person. So , for all of you who want to start reading through as your good habit, you may pick The Dolce Diet: Valentine's Day Menu become your current starter.

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