



Moving A Nation to Care: Post-Traumatic Stress Disorder and America's Returning Troops

Ilona Meagher

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Post-traumatic stress disorder (PTSD) in our returning combat troops is one of the most catastrophic issues confronting our nation. Yet, despite the fact that nearly 20 percent of the over half million troops that have left the military since 2003 have been diagnosed with PTSD, and that many who suffer symptoms are unlikely to seek help because of the stigma of this terrible disease, our government and media have remained silent.

Moving A Nation to Care: Post-Traumatic Stress Disorder and America's Returning Troops is a grassroots call to action designed to break the shameful silence and put the issue of PTSD in our returning troops front and center before the American public. In addition to presenting interviews with Iraq and Afghanistan veterans suffering with PTSD, such as Blake Miller, the famous "Marlboro Man," this book will be the most comprehensive resource to date for concerned citizens who want to understand the complex political, social, and health-related issues of PTSD, with an eye toward "moving our nation to care" to do what is necessary to help our fighting men and women who suffer from PTSD.

Ilona Meagher is editor of the online journal *PTSD Combat: Winning the War Within* and author of the PTSD Timeline, a comprehensive database of PTSD incidents. She has appeared on Fox News and numerous other media outlets.

Robert Roerich, MD, is one of the world experts in trauma therapy and PTSD and a board member of the National Gulf War Resource Center.

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