



The Prepper's Blueprint: The Step-By-Step Guide To Help You Through Any Disaster

Tess Pennington

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Across the ages, in every survival story, a disaster of some sort plays a prominent role. Sometimes the part is played by the government, sometimes it is played by Mother Nature, and other times, the role is taken on by a random mishap. If we have learned one thing studying the history of disasters, it is this: those who are prepared have a better chance at survival than those who are not.

A crisis rarely stops with a triggering event. The aftermath can spiral, having the capacity to cripple our normal ways of life. Because of this, it's important to have a well-rounded approach to our preparedness efforts. Due to the overwhelming nature of preparedness, we have created the Prepper's Blueprint to help get you and your family ready for life's unexpected emergencies. To make a more comprehensive, easy-tofollow program, The Prepper's Blueprint has been simplified and divided up in a way to help you make sense of all the preparedness concepts and supply lists provided. We have divided the chapters into layers of preparedness.

Layer 1: Chapters 1-14, prepares you for those everyday disasters that have shorter-term effects: power outages, storms, injuries, and evacuations

Layer 2: Chapters 15-31 help you to get ready for disasters that turn out to be much longer-lasting: economic collapse, long term power outages, and pandemics, to name a few

Layer 3: Chapters 32-56 prepares you for the long haul and a complete change of lifestyle, the end of the world as we know it: providing food and water once supplies run out, security, retreat properties, and longterm plans

The goal of The Prepper's Blueprint is to help you find freedom through self-reliance, and ultimately, to get you and your family to a point where you can not only survive, but thrive, in a world that may be permanently altered.



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