



Couples in Conflict: Classic Edition (Psychology Press & Routledge Classic Editions)

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This classic volume provides a solid foundation for thinking about creative ways in which our society can work to prevent or minimize destructive couple conflict and enhance couples' abilities to constructively handle their differences. A common thread throughout is that constructive conflict and negotiation are beneficial for relationships. The new introduction provides an overview of how this classic text is still relevant today.

Divided into four parts, this book:

- *addresses the societal and bio-evolutionary underpinnings of couple conflict;
- *presents the interpersonal roots of couple conflict and the consequences for individuals and couples;
- *discusses what effects couple conflict have on children and how individual differences in children moderate these effects;
- *outlines policies and programs that address couple conflict; and
- * concludes with an essay that pulls these four themes together and points to new directions for research and program efforts.

This book serves as a supplement in graduate or advanced undergraduate courses on interpersonal relationships, couples and/or family and conflict, divorce, couples and/or family therapy taught in human development and family studies, clinical or counseling psychology, social work, sociology, and communications and it is also a helpful compendium for researchers and clinicians/counselors interested in couple conflict.

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