



Tell Me No Lies

Ellyn Bader Ph.D., Peter T. Pearson Ph.D., Judith D. Schwartz

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Lying-For Better or Worse

Everybody lies. Friends lie to friends. Children lie to their parents. Politicians lie to constituents. And, inevitably, husbands and wives lie to each other. Lies between lovers have tremendous potential to both nurture and destroy a relationship. It is easy to underestimate the power that lies-even seemingly harmless lies-can wield in your marriage. *Tell Me No Lies* explores the complexity of honesty versus deception in marriage and reveals the many reasons behind the lies we tell our partners (and ourselves).

Learn the four marital stages:

- * The Honeymoon
- * Emerging Differences
- * Freedom
- * Together as Two

Discover how to recognize how lying can lead to serious trouble at each stage. The signs include:

- * The Dark Side of the Honeymoon, when couples refuse to acknowledge any problems
- * The Stalemate, when couples fight and brutalize each other with exaggerated truths
- * Freedom Unhinged, when independence outweighs togetherness and marital anarchy ensues.

Offering a new way of thinking about truth and deception, this book will help you understand the dynamics of your marriage in the context of the marital stages. If you can identify your marital stage, you can overcome the barriers to honesty and move on to a happier and more fulfilling marriage!

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