



Guardrails Participant's Guide: Avoiding Regrets in Your Life

Andy Stanley

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In this in this six-session small group Bible study, Andy Stanley challenges us to stop flirting with disaster and establish personal guardrails.

Guardrails. They're everywhere, but they don't really get much attention ... until somebody hits one. And then, more often than not, it is a lifesaver.

Ever wonder what it would be like to have guardrails in other areas of your life-areas where culture baits you to the edge of disaster and then chastises you when you step across the line? Your friendships. Your finances. Your marriage. Maybe your greatest regret could have been avoided if you had established guardrails. In this six-session small group bible study, Andy Stanley challenges us to stop flirting with disaster and establish some personal guardrails.

This Participant Guide is designed for use with the *Guardrails* DVD (sold separately). When used together, they are a practical tool that can help strengthen your faith.

Sessions include:

1. Direct and Protect
2. Why Can't We Be Friends?
3. Flee Baby Flee!
4. Me and the Mrs.
5. The Consumption Assumption
6. Once and for All

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