



The Art of Losing: Poems of Grief and Healing

Kevin Young

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Poetry serves a unique role in our lives, distilling human experience and emotion down to truths as potent as they are brief. There are two times most people turn to it: for love and loss. Although collections of love poetry abound, there are very few anthologies for the grieving. In *The Art of Losing*, editor Kevin Young Kevin Young has introduced and selected 150 devastatingly beautiful poems that embrace the pain and heartbreak of mourning. Divided into five sections (Reckoning, Remembrance, Rituals, Recovery, and Redemption), with poems by some of our most beloved poets as well as the best of the current generation of poets, The Art of Losing is the ideal a gift for a loved one in a time of need and for use by ministers, rabbis, and palliative care workers who tend to those who are experiencing loss.

Among the poets included: Elizabeth Alexander, W.H. Auden, Amy Clampitt, Billy Collins, Emily Dickinson, Louise Gluck, Ted Hughes, Galway Kinnell, Kenneth Koch, Philip Larkin, Li-Young Lee, Philip Levine, Marianne Moore, Sharon Olds Mary Oliver, Robert Pinsky, Adrienne Rich, Theodore Roethke, Anne Sexton, Wallace Stevens, Dylan Thomas, Derek Walcott, and James Wright.



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James Dorman:

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