



Dokusan with Dogen: Timeless Lessons in Negotiating the Way

Barbara Verkuilen

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Dokusan with Dogen: Timeless Lessons in Negotiating the Way Dokusan is the private encounter between a Zen Master and student. Dogen was a preeminent Zen Master from the 13th century. This work is a collection of reflections by a contemporary Zen practitioner on the transformative influence the master had on her life. The wisdom of Zen Master Dogen is combined with modern scientific findings, Zen lore, and contemporary Zen anecdotes to provide a unique formula that is entertaining and informative.



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