



The Lewis and Clark Cookbook: Historic Recipes from the Corps of Discovery and Jefferson's America (Lewis & Clark Expedition)

Leslie Mansfield, L. Mansfield

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Just in time for the 200th anniversary of the Lewis and Clark Expedition in 2003 comes Leslie Mansfield's LEWIS AND CLARK COOKBOOK. A unique record of culinary life in 18th- and early 19th-century America, THE LEWIS AND CLARK COOKBOOK features 150 historically accurate recipes that use ingredients meticulously researched for authenticity. Despite the extraordinary hardships endured throughout this three-year odyssey, the variety and inventiveness of the expedition's meals are surprising. Along with the recipes, excerpts from Lewis and Clark's journals and Thomas Jefferson's correspondence relate colorful accounts of the journey and hair-raising adventures of daily survival, introducing a new generation to the sights, sounds, and flavors of a pivotal time in our nation's history. ,Ä Endorsed by the National Council of the Lewis and Clark Bicentennial Commemoration. ,Ä It is estimated that between 2003 and 2006, 25 million people will follow the route taken by Lewis and Clark. ,Ä Commemorative events are planned in each Lewis and Clark state starting at Monticello in Virginia and ending at the mouth of the Columbia River in Washington.

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