



Hustle Believe Receive: An 8-Step Plan to Changing Your Life and Living Your Dream

Sarah Centrella

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In *Hustle Believe Receive*, Sarah Centrella, author of the internationally popular blog Thoughts.Stories.Life., proves that anyone, no matter where they start from, can change their life, achieve success, and live their dream.

As a single mom living on food stamps, Sarah completely changed her life of poverty to enable her to live her dream in just eighteen months. Sarah discovered the tools to change her life after her husband abandoned her and their three small children in 2008. Her story has impacted hundreds of thousands worldwide, through her simple eight-step plan for achieving success known as the #HBRMethod.

The book features fifty-one inspiring stories of people who believe in Sarah's message, each of whom she personally interviewed for this book. They include: NFL star running back, Jonathan Stewart; NBA power forward Anthony Tolliver; famed artist Victor Matthews; best-selling author Laura Munson; middle weight world boxing champion, Daniel Jacobs; CEO, Ryan Blair; and Morgan Stanley executive director Kimberley Hatchett, among many others. *Hustle Believe Receive* shows how these stories are connected, and how Sarah, a single mom from Oregon, manages to bring them all together in the most unlikely way.

Hustle Believe Receive contains true tales of how real people are living the impossible. This book answers the question of "How did they do that?" and, more importantly, how you can too.

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