



Let Me Count the Ways: Discovering Great Sex Without Intercourse

Marty Klein, Riki Robbins

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In this book, two of America's leading sex and gender experts show readers how to make sex more enjoyable by breaking away from the repetitive mechanics of intercourse. The book describes a path toward more a varied, playful, and intimate sexuality, debunking myths such as "impotence," "frigidity," and "foreplay;" indeed, the book shatters the myth that intercourse equals sex itself.

"Let Me Count The Ways":

- * defines "outercourse", shows why it is a valuable addition to peoples' sexual vocabulary, and explains how readers can maximize their comfort and pleasure with it.
- * shows how individuals and couples can increase their body's erotic functioning, and increase sexual satisfaction;
- * includes dozens of ideas and exercises--such as an "intercourse sabbatical"--which will help partners relax, take advantage of a wide range of enjoyable sexual activities, and communicate about their concerns; and
- * discusses how to break free from sexual stereotypes of the media, medical profession, and psychological profession, and overcome the idea that intercourse is a "normal" and necessary part of every sexual encounter.

More than a self-help book, this is an innovative, practical, tested program that will change the way that readers look at their sexuality--forever.

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