



# Chicken Slow Cooker Cookbook: 40 Easy and Delicious Low Carb Slow Cooker Chicken Recipes for Extreme Weight Loss

Linda Stevens

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# ENJOY EASY AND DELICIOUS LOW CARB SLOW COOKER CHICKEN RECIPES FOR EXTREME WEIGHT LOSS STARTING TODAY!

Just to say Thank you for checking out this book I would like to give you a FREE report - Weight Loss Metabolism Secrets: Discover the Secrets to Firing Up Your Metabolism to Achieve Lasting, Natural Weight Loss. Go to weightloss-tips.ca to grab your free copy now! 40 Easy and Delicious Low Carb Slow Cooker Chicken Recipes brings dynamic flavour to the one great meal mainstay: chicken. Allow all forty slow cooker low carb chicken recipes to fuel you in your desire to lose weight, seek essential nutrients, and build muscle. The slow cooker lifestyle is essential to create a nutritive and colourful diet plan in just a few minutes, even with the very hurried nature of your work and play-filled life. As the winter weather creeps closer, look to the warmth and goodness of chicken: a natural antidepressant, a thyroid regulator, a metabolism booster, a bone builder, and a cancer-fighter. Pull a few ingredients together in the slow cooker, toss colourful vegetables and spices into the mix, and give the ingredients a good stir. The very precise recipes outlined in this book have been tested to create beautiful, succulent dishes for any occasion. Walk away from the slow cooker, go about the busy hours of your day, and return to a steaming plate of flavourful chicken, each serving with a net carbohydrate count of ten carbs or less. The nutritional world of slow cooking and the warmth and goodness of these recipes will charge you through the winter months and fuel you through the rest of the year as you casually lose weight through the natural properties of the low carbohydrate diet. You can eat well and live well. You can create marvellous dishes, lose weight, and beat back against the shocking cold of winter. Create a low carbohydrate chicken plan for your life and skyrocket yourself to better health.

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