

# Movies and Mental Illness: Using Films to Understand Psychopathology

Danny Wedding, Ryan M. Niemiec

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The popular and critically acclaimed teaching tool - movies as an aid to learning about mental illness - has just got even better! Now with even more practical features and expanded contents: full film index, 'Authors' Picks', sample syllabus, and more international films. Films are a powerful medium for teaching students of psychology, social work, medicine, nursing, counseling, and even literature or media studies about mental illness and psychopathology. "Movies and Mental Illness", now available in an updated edition, has established a great reputation as an enjoyable and highly memorable supplementary teaching tool for abnormal psychology classes. Written by experienced clinicians and teachers, who are themselves movie aficionados, this book is superb not just for psychology or media studies classes, but also for anyone interested in the portrayal of mental health issues in movies. The core clinical chapters of "Movies and Mental Illness" each use a fabricated case history and Mini-Mental State Examination along with synopses and scenes from one or two specific, often well-known films to explain, teach, and encourage discussion about the most important disorders encountered in clinical practice. Each chapter also includes: Critical Thinking Questions (to consider when viewing the core movie/s); "Authors' Picks" (Top 10 Films); 'What To Read if You Only Have Time to Read One Book/Paper'; and, suggested topics for class discussions. Other features of the new, expanded edition include: Full index of films; Sample course syllabus; Ratings of more than 1,250 films (expanded by 25 per cent!); and, other fascinating appendices, such as 'Top 50 Heroes and Villains', psychotherapists in movies, misconceptions about mental illness in movies, and recommended websites.



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