



Shopping for the Real You: Ten Essential Steps to a Better Wardrobe for Every Woman - Fashionistas, Fashion-phobes and the Over Fifty

Andrea Pflaumer

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Informative, practical and highly entertaining, Shopping for the Real You provides a series of eye-training tools from some of the world's experts in the field of personal style. Told with clarity and wit, this is a primer on the fundamental principles of color analysis, style typing, proportion, balance, and body shape. The book includes charts, quizzes and summaries making the material very accessible. Includes more than 50 full-color illustrations, an index, plus a color and style shopping resource guide. Edited by Douglas Gorney; Nancy Sherman, illustrations by Susan Tate Porcaro.

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