



Lose the Moobs (How to get rid of man boobs)

Alex Golding

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Turbo-charge your testosterone levels, and regain your male shape permanently

Alex says: “I meet many men, doing everything they can to shrink their man boobs. Many are considering surgery. But it doesn’t have to be as hard as that. In fact up to 90% of all man boob cases don’t need surgery and can be reduced safely and naturally. Using my plan, men can find out the major man-boob growers they’re exposed to, and take steps to reduce them now!

Warning: Do not read this book, unless you’re ready to see significant reductions in your man-boobs fast!

About the author

Alex Golding is a qualified nutritionist, with a Foundation BSc in Nutrition, and a diploma in clinical practice. His work as a nutritional consultant, sees him engage with private health clinics on male fertility and hormones. He acts as a health expert to several major newspapers, and is a consultant nutrition editor for the bestselling *5:2 Diet*.

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