



Embodied Spirits: Stories of Spiritual Directors of Color

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Embodied Spirits: Stories of Spiritual Directors of Color

Embodied Spirits: Stories of Spiritual Directors of Color

- A solid new addition to the Morehouse collection for spiritual directors
- First book addressing the concerns and issues of people of color in spiritual direction
- Wide ecumenical appeal

“These essays speak of how we have incorporated our contemplative practices into our family life; our urban, non-religious background; how we have been nurtured in struggles for health and life through our contemplative prayer practices and our courage to survive and even thrive in the midst of dire circumstances. We speak of the unfolding bridge between faith and culture; our conflicts with an Interspiritual journey with a Christian foundation; our sexuality; our journey to healing and authenticity; and how we are taking this practice that began in the first centuries of the church with the desert mothers and fathers to the present and into the future with spiritual direction through the Internet across the world.” ?from the Introduction

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