



Nutrition Through the Life Cycle, 4th Edition

Judith E. Brown, Janet Isaacs, Bea Krinke, Ellen Lechtenberg, Maureen Murtaugh

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As one of the most respected nutrition life cycle texts in the higher education market, NUTRITION THROUGH THE LIFE CYCLE, Fourth Edition uses current research to explain the nutritional foundations necessary for the growth, development, and normal functioning of individuals in each stage of the life span. Filled with resources to guide your study, the Fourth Edition brings clarity to key concepts as it draws you into the excitement of new research in heart disease, diabetes, and many other topics. This text is written by an expert author team, this text benefits from a broad range of normal and clinical nutrition expertise from registered dietitians and researchers, meant to help you understand all the major concepts.

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