



Advanced Techniques of Dressage: An Official Instruction Handbook of the German National Equestrian Federation

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Translated from the official instruction handbook of the German National Equestrian Federation, this teaching manual provides an instruction course in advanced level dressage for horse and rider. Using the German training system - a clear and logical system that has consistently produced international champions for many decades - the manual describes in detail the criteria governing each stage of dressage training - from transitions and extensions to piaffe and passage - giving the aids and training methods to be used for each movement or exercise. Respecting both purity and classical traditions, its aim is to create true harmony between rider and horse, and therefore mutual trust and confidence.



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